



Ball Junior High QTR 4 Intramural Sports Update

IMPORTANT DATES:

Team informational meetings and sign-ups will be held the week of March 9, 2026 immediately after school. Students need to listen to the morning announcements for the time and place of their meeting. Parents need to complete the QR code on this page and students must also bring back a completed ASSUMPTION OF RISK form (required each quarter) before they may start practice. Students will be given a hard copy of this form (Voluntary Activities Participation Form) at the meeting. Practices will begin for students that have completed the above requirements the same week. Practices are held Monday - Friday from 2:30pm- 4pm unless stated otherwise by coaches. Practices may be shortened or canceled for inclement weather or campus activities. ALL students participate until April 16, 2026. Travel teams will be announced on April 17, 2026 and there will be NO practice that day. Students who made the travel team will begin practices on April 20, 2026 for the tournament. Tournament games start on April 27, 2026. Opponents and locations are listed in the table below. Students must wear PE clothes during practice.

Two Forms are needed:

1. Liability Forms are now online!
You only need to fill this out ONCE for the 2025-2026 school year!



<https://auhsd.jotform.com/223385612421046?school=Ball>

2. This ASSUMPTION OF RISK form needs to be filled out for each quarter of sport. Please fill out a hard copy and turn in to your coach. There will also be copies available from your coaches at the meeting.

QTR 4 Intramural Sports Boys and Girls Cross Track Boys Soccer Girls Basketball

Tournament Dates

Games start at 3 pm, 8th grade teams will play first

Boys Soccer / Girls Basketball

Monday 4/27/26 South @ Ball	Thursday 4/30/26 Ball @ Dale	Thursday 5/5/26 Brookhurst @ Ball	Wednesday 5/6/26 Ball @ Sycamore
--------------------------------	---------------------------------	--------------------------------------	-------------------------------------

Boys and Girls Track

4/8/26 Ball & Oxford @ Orangeview	4/15/26 Ball & Dale @ Lexington	4/22/26 Sycamore & South @ Ball	4/29/26 District Track Finals at Cypress Start Times: Field events @ 1:30 pm Running events @ 2:45pm
---	---------------------------------------	---------------------------------------	---

Ball JHS Intramural Directors
Brad Bernhard . bernhard_b@auhsd.us
Timothy Tillman . tillman_t@auhsd.us

INTRAMURAL SPORTS SEASON DATES 2025-26

<u>SEASON #1</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Aug. 18th to Oct. 10th		
Start Dates	Aug. 18th to Sept. 19th	Boys Basketball	Girls Soccer
Team Practice	Sept. 22nd to Sept. 26th	Cross Country	Cross Country
Games/Tournament	Sept. 29th to Oct. 8th		
X-Ctry Championships	October 2nd, 2025	@ Brookhurst	@ Brookhurst
Dead Period	Oct. 13th to Oct. 17th		
<u>SEASON #2</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Oct. 20th to Dec. 19th		
Start Dates	Oct. 20th to Nov. 21st	Boys Flag Football	Girls Volleyball
Team Practice	Dec. 1st to Dec. 5th	Boys Tennis	
Games/Tournament	Dec. 8th to Dec. 16th		
Dead Period	Dec. 22nd to Jan. 2nd		
<u>SEASON #3</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Jan. 5th to Feb. 27th		
Start Dates	Jan. 5th - Feb. 6th, 2025	Boys Volleyball	Girls Flag Football
Team Practice	Feb. 10th to Feb. 17th		Girls Tennis
Games/Tournament	Feb. 18th to Feb. 25th		
Dead Period	Mar. 2nd to Mar. 6th		
<u>SEASON #4</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Mar. 9th to May 8th		
Start Dates	Mar. 9th to April 17th	Boys Soccer	Girls Basketball
Team Practice	April 20th to April 24th	Track	Track
Games/Tournament	April 27th to May 6th		
Track Championships	April 30th, 2026	@ Cypress	@ Cypress
Dead Period	May 11th to May 15th		